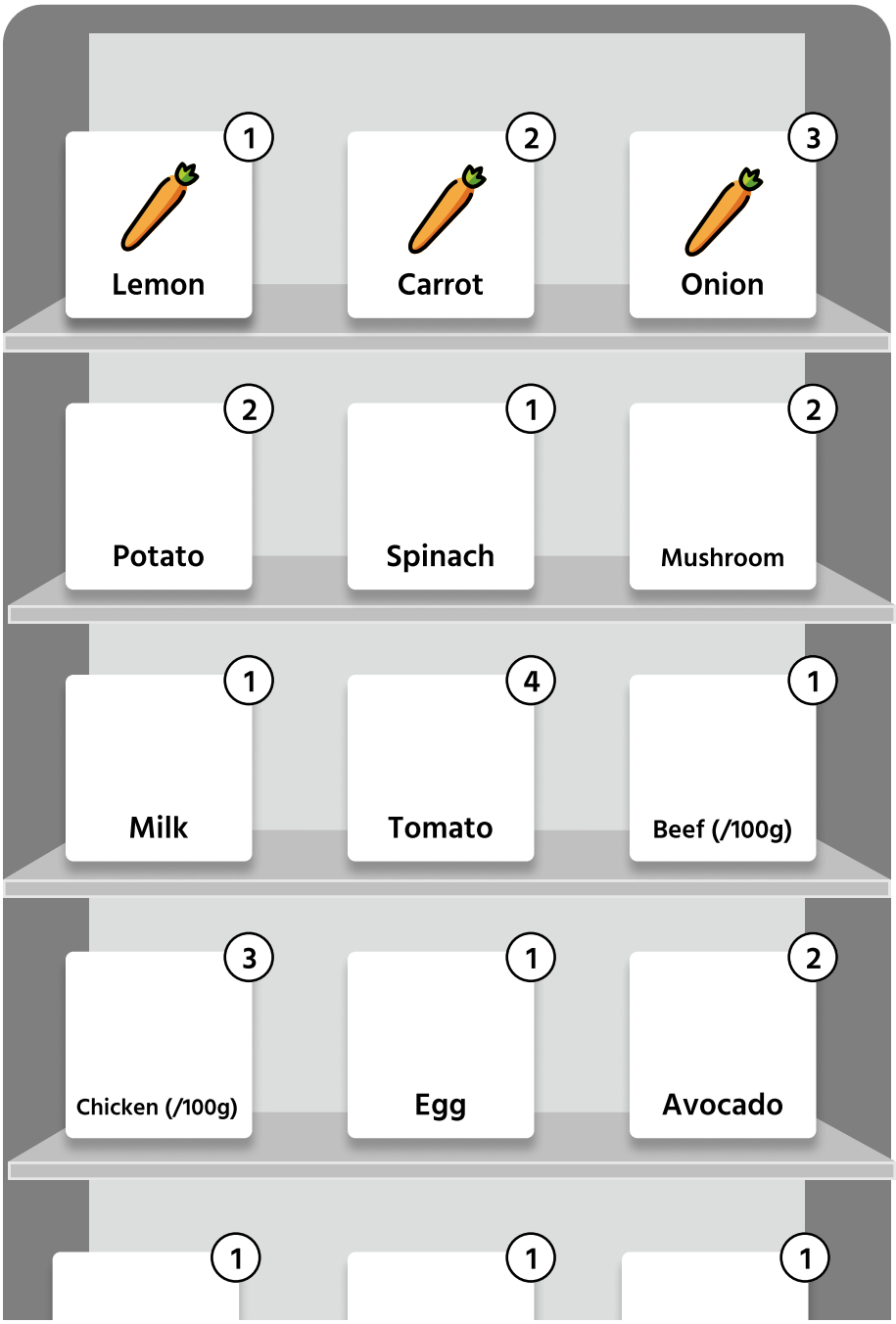
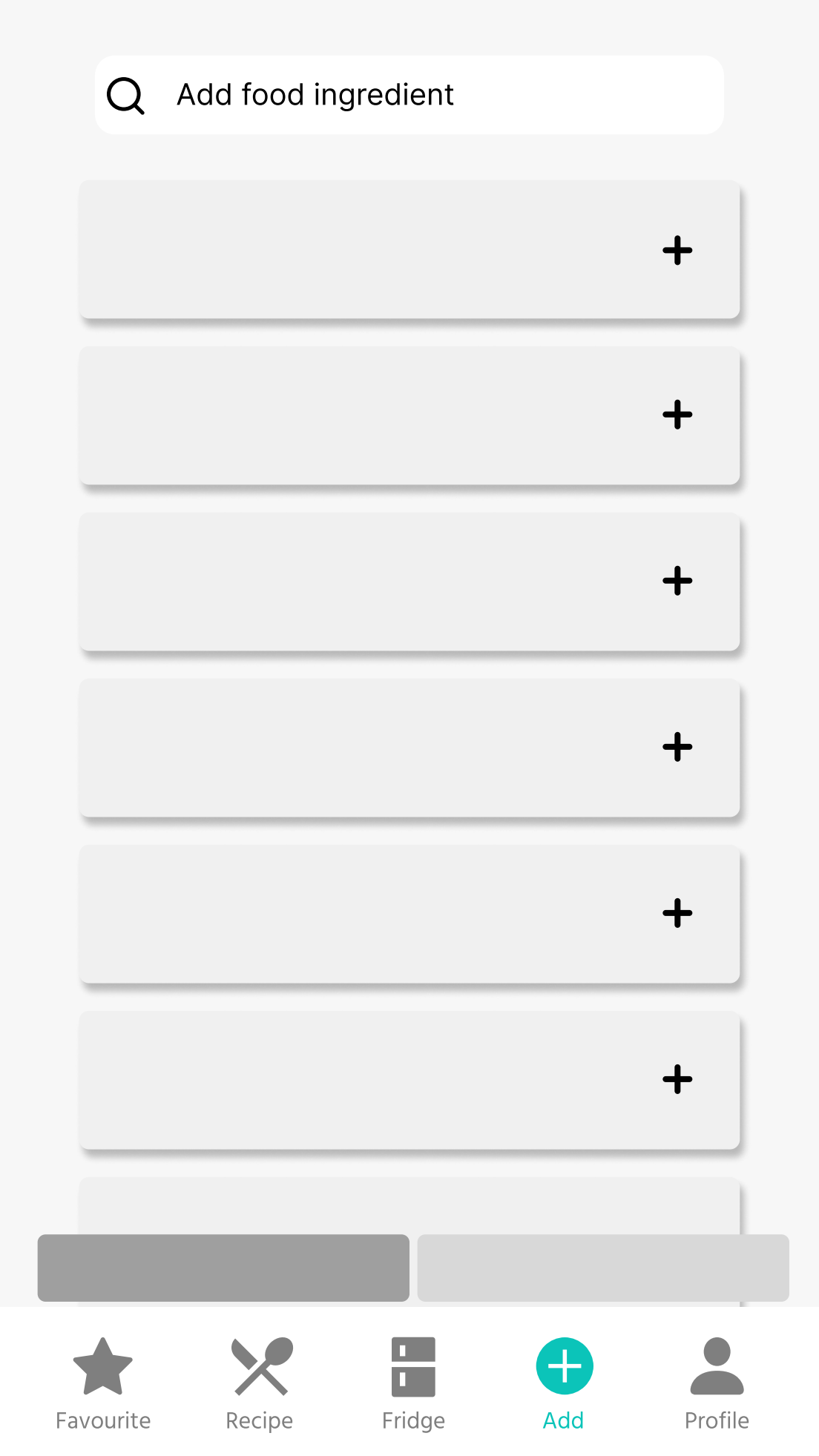
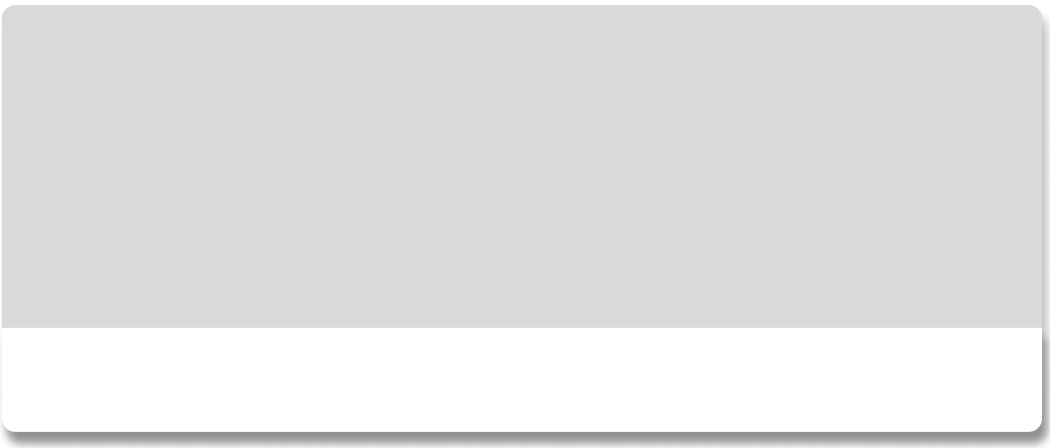
ALL FRUIT VEGGIES MEAT



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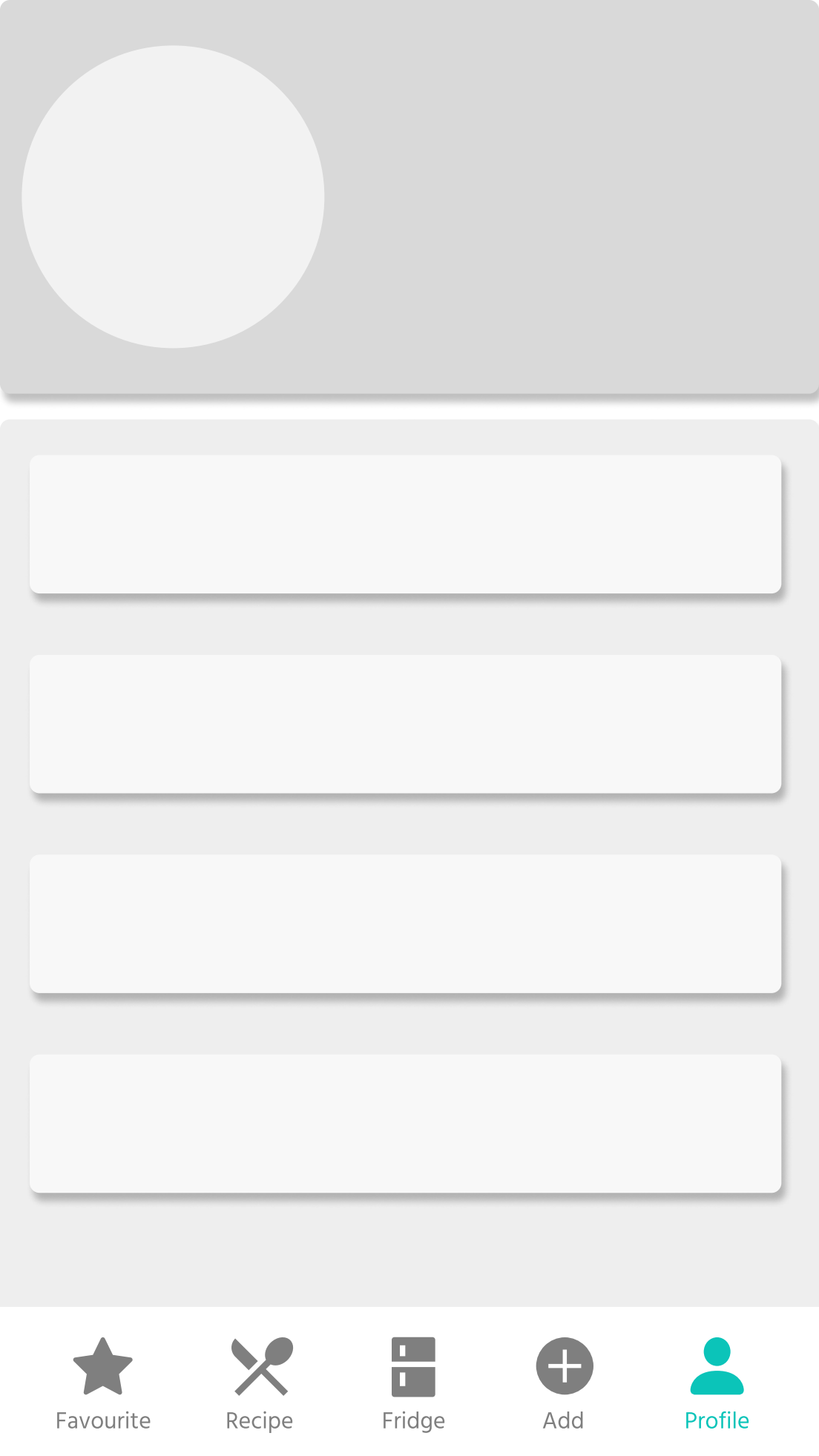


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FRIDGE FREEZER

1 Lemon	2 Carrot	3 Onion
2 Potato	1 Spinach	2 Mushroom
1 Milk	4 Tomato	1 Beef (/100g)
3 Chicken (/100g)	1 Egg	2 Avocado
1	1	1

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Vegetables +



Friuts +



Species and seasonings +



Dairy and Alternatives +



Baking & Grains +



Paste & Sauces +



Nuts

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Add food ingredient



Vegetables



Onion



Potato



Spinach



Mushroom



Tomato



Avocado



Carrot



Eggplant



Okra



Cauliflower



Pumkin



Bell Pepper



Broccoli



Avocado



Corn



Ginger

Add food ingredient



Favourite



Recipe



Fridge



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Vegetables

Onion

Potato

Spinach

Mushroom

Tomato

Avocado

Carrot

Eggplant

Okra

Cauliflower

Pumkin

Bell Pepper

Broccoli

Avocado

Corn

Ginger

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Vegetables List



Mushroom

- 3 +



Tomato

- 2 +



Corn

- 1 +

Update to the fridge



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Recipe



Fridge



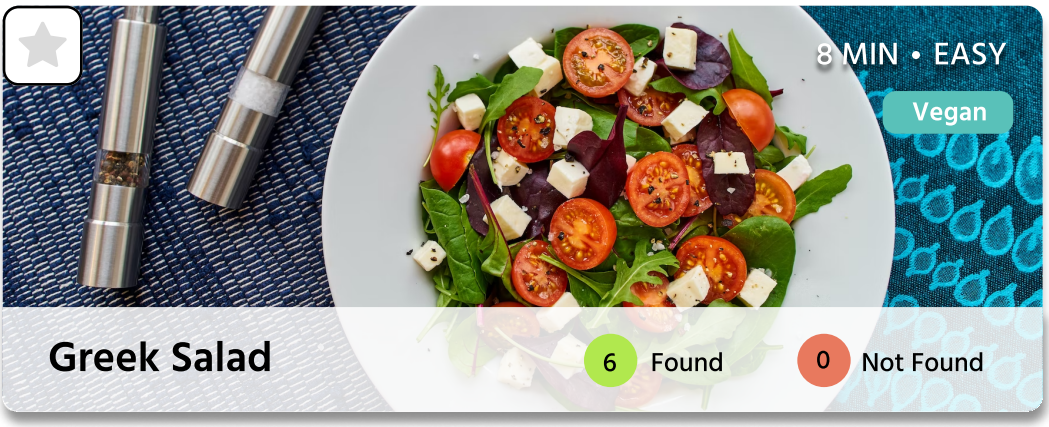
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Minumum not found

No diet



Greek Salad

6 Found

0 Not Found



Stuffed Pancake

8 Found

2 Not Found



Meatball Pasta

4 Found

2 Not Found

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Stuffed Pancake 3 Found 0 Not Found



Meatball Pasta 4 Found 2 Not Found

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Cathe Polly

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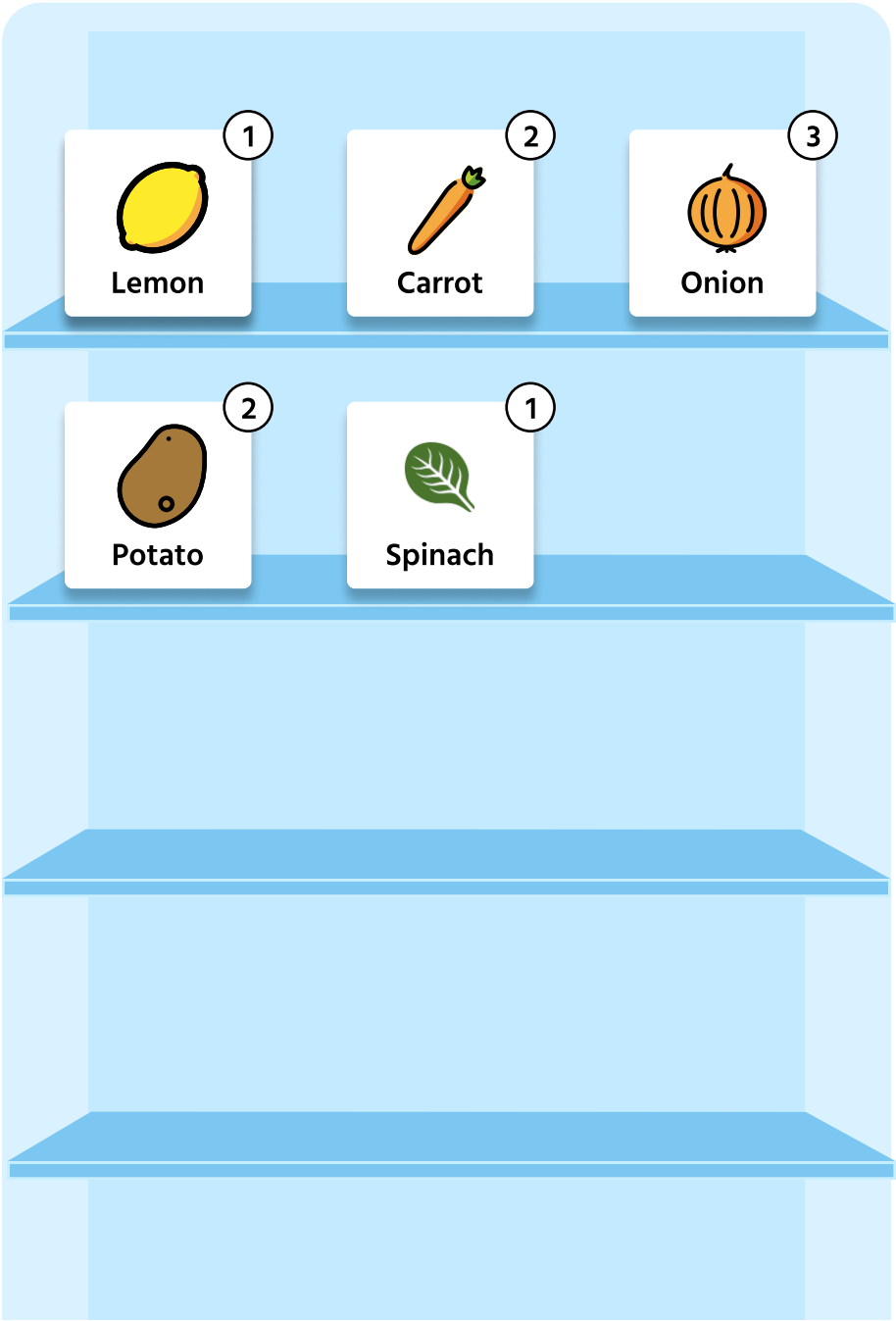
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FRIDGE FREEZER



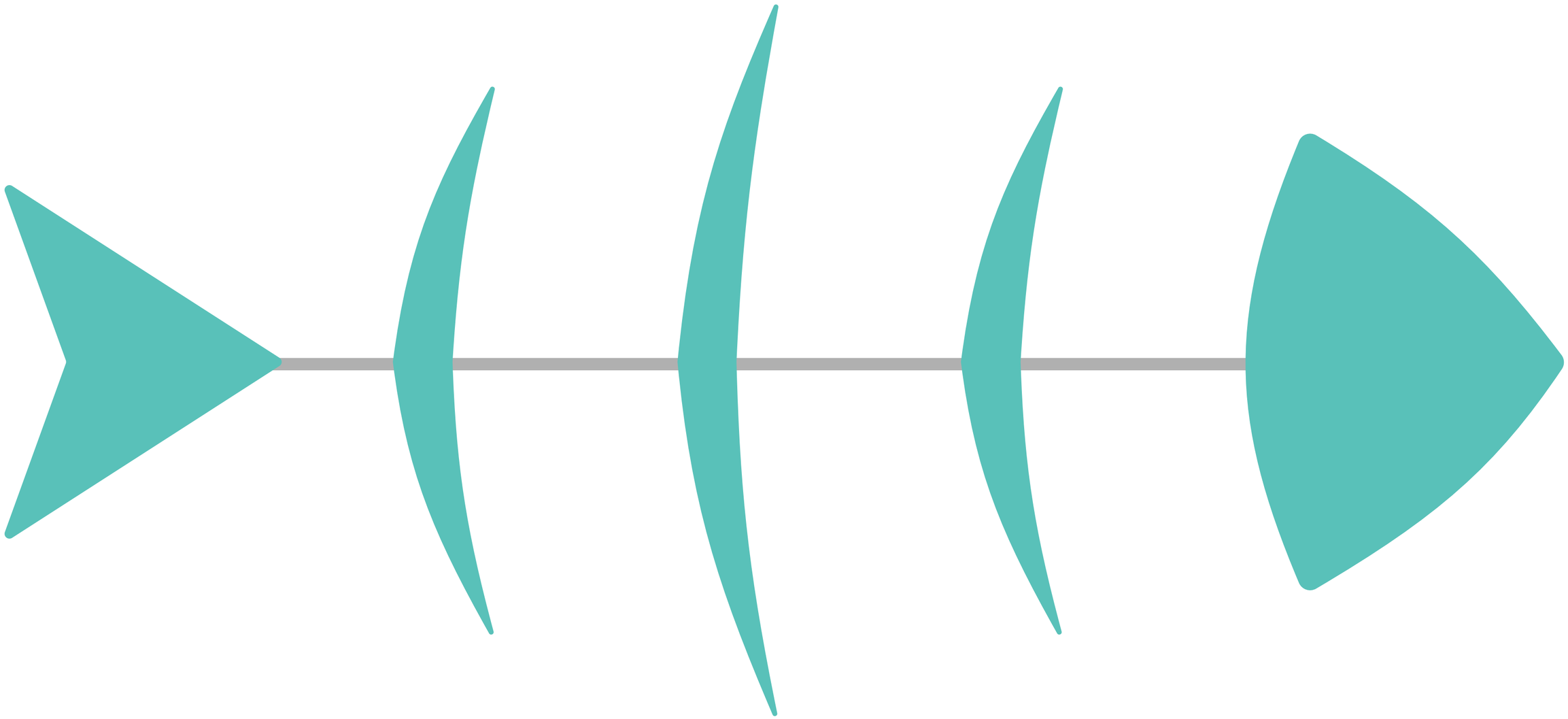
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Add food ingredient

FRIDGE FREEZER

1 Lemon	2 Carrot	3 Onion
2 Potato	1 Spinach	2 Mushroom
1 Milk	4 Tomato	1 Beef (/100g)
3 Chicken (/100g)	1 Egg	2 Avocado
1	1	1

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Remove

Remove all

FRIDGE

FREEZER

Lemon 1

Carrot 2

Onion 3

Potato 2

Spinach 1

Mushroom 2

Milk 1

Tomato 4

Beef (/100g) 1

3

1

2

Cook now !

Mushroom

Favourite

Recipe

Fridge

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Add food ingredient



Vegetables List



Mushroom

− 3 +



Tomato

− 2 +



Corn

− 2 +



Broccoli



Avocado



Corn



Ginger

Update to the fridge



Favourite



Recipe



Fridge



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Summary Ingredians Method

Stuffed Pancake

Fill American-style pancakes with mincemeat for a seasonal treat. They're perfect for brunch over the festive period, or even an indulgent Christmas Day breakfast.

Missing Ingredians

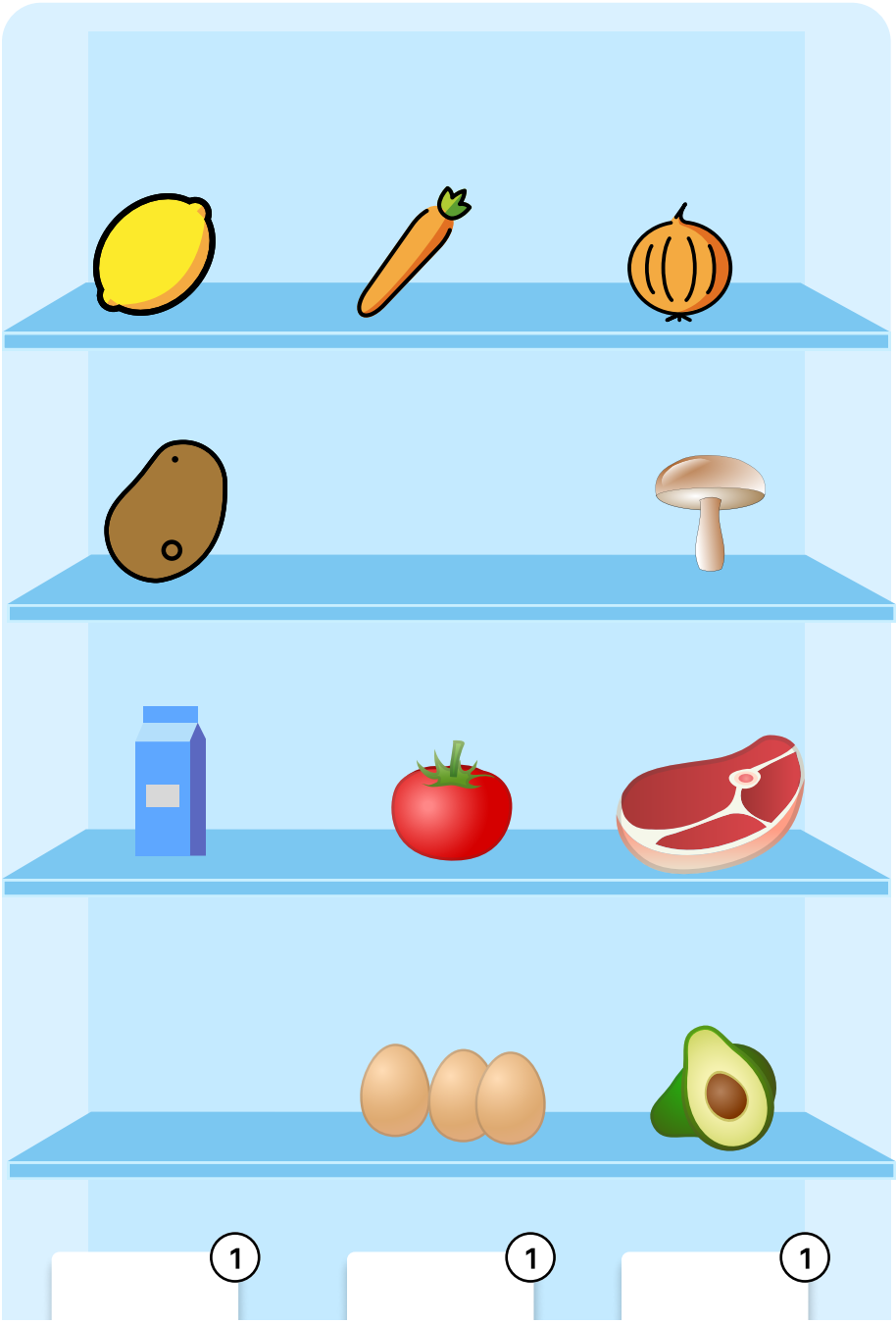
Double cream Butter

30 min 4 Serving

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FRIDGE FREEZER



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FRIDGE FREEZER

4

Ice cream

2

Broccoli

3

Pizza

13

Dumpling

1

Salmon

10

Prawn

1

Pork(/100g)

3

Beef (/100g)

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Summary | Ingredians | Method

Baking powder	1tbs
Self-raising flour	200g
Caster sugar	1tbs
Egg	3
Butter	25g
Milk	200ml
Double cream	200ml
Brandy	1tbs

30 min

4 Serving

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Summary Ingredians Method

Step 1



Combine the flour, baking powder, sugar and a pinch of salt in a bowl. Make a well in the centre and whisk in the eggs, butter and milk until smooth, then pour into a jug.

Step 2



Heat a knob of butter and a small drizzle of oil in a large frying pan. Pour in 8cm rounds of batter and spoon 1 heaped tsp of the mincemeat into the centre of each – you'll need to do this in batches. Use a little batter to cover the mincemeat, then cook for 2 mins

30 min 4 Serving